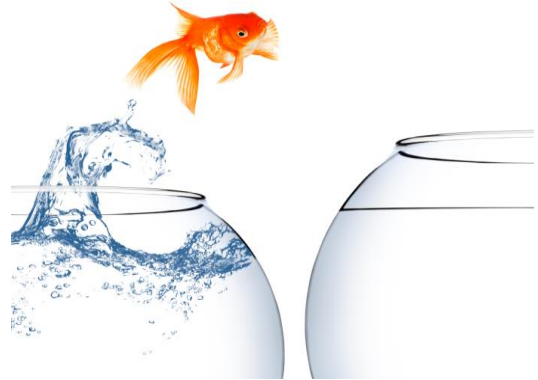


Knowledge Alignment Programme – “Career Coaching”

Career Coaching is suitable for individuals at all levels from Directors to Apprentices and Entry level staff providing support to corporate services as part of a talent management strategy or to individuals during promotion, changing job roles, moving companies, at risk of redundancy, for career progression, changing career direction or returning to the work place.

Career Coaching sessions range from addressing specific and immediate personal development issues to longer term career objectives. Delivery ranges from a single one to one session or a programme of coaching consultations depending on your needs.



The programme has been designed to be a motivating process focusing on your development and career objectives, aligning your skills and experience to the jobs market, developing your marketing campaign as well as equipping you with the knowledge to effectively negotiate and close a job offer.

How do we deliver the programme, your initial meeting would be used to assess your current situation, skills and experience, career ideas and barriers to progression this will then be followed by further one to one consultations to identify your career objectives, self-marketing strategy including CV précis, Interview Techniques and Job Search strategy along with other barriers that you may be facing. The use of Career development psychometric assessments may be required and your Career Coach can discuss these options with you when you meet. During the initial meeting we will discuss if further meetings are required, we would generally recommend a minimum of 3 – 5 coaching sessions depending on your objectives and personal progress.

By establishing your needs through an in-depth discussion we will ensure that your key strengths and development areas are explored and progression routes are clearly identified as you work towards your goals and aspirations.

Together we will develop an action plan with specific measurable objectives, which will be reviewed throughout the programme to assess your progress.

What do we expect from you we expect you to provide a full and open account of your background (achievements, CV and or work history) and future goals to enable us to provide you with a realistic and objective support. We would also expect your full participation in formulating a plan of action and your commitment to carrying out the points agreed during your consultation sessions.

*For further information or to book your programme
Contact us at info@talentridge.com*